

## 2006 Freedom 5K Run

Grandview, Iowa

July 4, 2006

Name, Age, Time, Grand Prix Points

## Men

Josh Fick, 18, 16:22, 1000  
Lee Hammerand, 38, 17:16, 981  
Curtis Bowden, 18, 17:36, 963  
John Gerling, 15, 18:31, 944  
Richard Rocha, 18, 18:39, 925  
John Fletcher, 36, 18:41, 906  
Shane VanDeMaat, 14, 18:55, 888  
Ernesto Venzor, 44, 19:51, 869  
John Schoonover, 55, 19:56, 850  
Kent Ferris, 41, 20:05, 831  
Nick Nowak, 18, 20:10, 813  
Ray Lukkarinen, 32, 20:23, 794  
Jeremy Oepping, 35, 20:30, 775  
John Newell, 32, 20:41, 756  
Nick Hasty, 16, 21:22, 738  
Sabino Rangel, 29, 21:32, 719  
Robert Murray, 16, 21:46, 700  
Jacob Bell, 19, 21:58, 681  
Mitch Shelladay, 14, 23:10, 663  
Dan Wanfalt, 40, 23:51, 644  
Jim Tiedemann, 56, 23:56, 625  
Brian Cummings, 63, 24:22, 606  
Craig Riesenber, 33, 24:56, 588  
Pete Wyatt, 46, 25:03, 569  
Tom Vandygriff, 49, 25:05, 550  
Ryan Vosecky, 14, 25:11, 531  
Rick Last, 36, 25:13, 513  
Steve Vosecky, 40, 25:30, 494  
Lucas Nowak, 9, 25:38, 475  
Jim Gabriel, 56, 25:43, 456  
Marty Hills, 48, 25:52, 438  
Eric Gjerde, 27, 26:04, 419  
Chris Bowwachsen, 43, 26:18, 400  
Rick Stroud, 38, 26:27, 381  
Dave Roser, 59, 26:38, 363  
Charles Potter, 57, 26:40, 344  
Fernando Patino, 52, 26:42, 325  
Ray Cross, 50, 26:54, 306  
Chris Albright, 33, 27:59, 288  
Jim Shaidnagle, 61, 28:00, 269  
Temple Selby, 65, 28:13, 250  
Ken Nichols, 50, 29:08, 231  
Larry Koehrsen, 68, 29:24, 213

Shiloh Cunningham, 11, 30:22, 194  
John Ihle, 61, 31:28, 175  
Tom Hanifan, 61, 34:07, 156  
Jerry Lange, 73, 42:31, 138  
Mitch Wanfalt, 8, 44:01, 119  
Bill Ryan, 50, 46:34, 100

## Women

Lisa Hughes, 41, 22:03, 1000  
Stacey Eberhard, 38, 23:42, 978  
Bailie Bonnicksen, under 15, 24:20, 955  
Kalynn Stecher, 13, 24:28, 933  
Paula Gillespie, 47, 24:50, 910  
Sarah Wells, 18, 24:55, 888  
Britney Yotter, 16, 25:00, 865  
Kori Yotter, 17, 25:36, 843  
Courtney VanDeMaat, 12, 25:36, 820  
Cindy Wehrle, 36, 26:45, 798  
Nancy Davis, 34, 26:46, 775  
Lynette Buesing, 40, 27:18, 753  
Sandra Janssen, 38, 27:24, 730  
Carol Wyss, 46, 27:44, 708  
Ashlee Ginderich, 17, 27:59, 685  
Stephanie Bashore, 20, 28:02, 663  
Jean Bermel, 49, 28:30, 640  
Natalie Oepfel, 37, 29:11, 618  
Nancy Shell, 53, 29:36, 595  
Paula Shellabarger, 39, 29:39, 573  
Tammy Drawbaugh, 36, 29:48, 550  
Emily Luttrall, 13, 30:11, 528  
Holly Cochran, 30, 30:13, 505  
Melanie Luttrall, 11, 30:38, 483  
Kelsey VanDeMaat, 17, 30:58, 460  
Danielle Wanfalt, 14, 31:19, 438  
JoAnn Jensen, 63, 32:32, 415  
Vicki Reighard, 38, 33:09, 393  
Jan Fasse, 34, 33:21, 370  
Taylor Stroud, 13, 33:29, 348  
Madonna Novak, 59, 34:14, 325  
Heidi Ryan, 49, 35:18, 303  
Ann Schaffer, 65, 36:39, 280  
Susan Mann, 40, 36:41, 258  
Julie Mann, 41, 37:51, 235  
Sue Koehrsen, 69, 44:04, 213  
Cheryl Newell, 26, 45:01, 190  
Chris Selby, 57, 45:08, 168  
Dorothy Bailey, 79, 47:40, 145  
Patty Gerling, 47, 49:57, 123  
JoAnne Cross, 54, 49:59, 100